



Scottsdale Community College 9000 E. Chaparral Rd., Scottsdale, AZ 85259

SCC Yoga Spring 2013



Yoga Teacher Training

PED150 33776 Intro to The Tradition and Practice of Yoga I Thu 6:20pm-8pm 1/24-5/10 RM527
PED155 33715 Intro to the Tradition and Practice of Yoga II Wed 7:10pm-8:50pm 1/16-5/10 RM527
PED155 33768 Intro to the Tradition and Practice of Yoga II Wed 11:30am-1:10pm 1/16-5/10 RM527
PED271 33704 Teaching Yoga Level II Mon 7:20pm-9:00pm 1/14-5/10 RM502
PED281 33698 Yoga Therapy-Upper Body Principles Fri 11:00am-12:45pm 1/25-5/10 RM502
WED162 33766 Meditation & Wellness HB 9:00am-10:40am 2/2-3/30 meetings 2/2, 3/23 RM528
WED183 34808 Intro to Ayurvedic Principles T 5:20pm-7:00pm 1/22-5/10 RM527

Intermediate Yoga PED102YO

33738 F 9:00am-10:40am 1/18-5/10
33737 T/Th 9:30am-11:10am 1/15-3/7
33736 T/Th 9:30am-11:10am 3/19-5/10
33740 W 5:20pm-7:00pm 1/23-5/10
33739 T 7:10pm-9:00pm 1/22-5/10

Intermediate Yoga PED103YO

33765 T/Th 9:30am-11:00am 12/18-1/10

Gentle Yoga PED101YG

33762 M/W 12:30pm-1:20pm 1/23-5/10
33763 T 5:20pm-7:05pm 1/22-5/10

Beginning Yoga PED101YO

33742 T/Th 8:00am-9:15am 1/22-5/10
33743 M/W 8:30am-9:20am 1/23-5/10
33744 M/W 10:30am-11:20am 1/23-5/10
33741 Th 3:30pm-5:10pm 1/24-5/10
33745 M 7:00pm-8:45pm 1/28-5/10

Power Yoga PED101YP

34466 M 5:20pm-7:10pm 1/14-5/10

Restorative Yoga PED103YR

33686 F 7:30am-8:25am 2/8-5/10

TO REGISTER: www.mymaricopa.edu

or

by phone at 480-423-6100

www.scottsdalecc.edu/yoga



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SCC Yoga Program

Carlyn Sikes, Yoga Program Director 480/423-6771 carlyn.sikes@sccmail.maricopa.edu